

CERTIFICATE

OF PARTICIPATION

This is to certify that

bertina Symonds

Has successfully participated & completed the

5km Konka Farm Run

held at Konka.

TIME 01:05:15

PACE 13:03/km

OVERALL 285 of 320

31 August 2019, Sat **Date**

GENDER 179 of

203

50 - 59 27 of 30

outTime